



## Koneru Lakshmaiah Education Foundation

(Category -1, Deemed to be University estd. u/s. 3 of the UGC Act, 1956)

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**Campus:** Green Fields, Vaddeswaram - 522 302, Guntur District, Andhra Pradesh, INDIA.

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Ref: KLEF/SA/SAC/Events 2023-24

Date: 21112023

### Orders of the Vice Chancellor dt. 21.11.2023 CIRCULAR

Sub: conduction of Events during the month of August 2023 at Adopted Villages – Reg.

Ref: 1. Letter dt. 21.08.2023 from Director-SAC and forwarded by Dean (Student Affairs)

2. Orders of Hon'ble Vice Chancellor dt. 21.08.2023

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This is to inform that the Centre for Extension Activities (CEA) of KLEF will be organizing the following events in the month of August 2023 at adopted Villages.

<b>Timings</b>	: 9:30 am to 1:00 pm & 1:50pm to 4:00pm
<b>Venue</b>	: KLEF-Vaddeswaram surrounding Adopted Villages
Registration at	: Indoor Stadium, CEA Room No:007
Last date of registration	: 23.08.2023

Interested students can participate in these events.

Buses start from the Indoor Stadium.

### **Objective:**

In order to raise awareness about Nutrition Food (Poshan Abhiyan) and Cholesterol awareness the KLEF\_NSS volunteers and College of Pharmacy students along with YRC conducted **Awareness on Nutrition Food program and Cholesterol door to door campaign** at Gundimeda Village on 24<sup>th</sup> November 2023.

### **Description:**

The Nutrition Food (Poshan Abhiyan) and Cholesterol Awareness, malnutrition means “lack of proper nutrition, caused by not having enough to eat, not eating enough of the right things, or being unable to use the food that one does eat.” Malnourishment thus is the state of being not properly nourished and suffering from malnutrition. studies point out that more than 1 million people are malnourished in India. Broadly, malnourishment can be divided into 4 categories. They are wasting, stunting, underweight, and deficiencies in vitamins and minerals.

Cholesterol is a substance found in both the body and in many foods. While the body relies on cholesterol to function, excessive build-up in the arteries can cause them to narrow and may put a person at risk for chronic disease or even death. Anyone can have high cholesterol, regardless of age. High blood cholesterol is a serious condition that increases the risk for developing heart disease, which causes 1 out of every 4 deaths in Florida. The higher a person's cholesterol level is, the greater their risk is. People with high total cholesterol have approximately twice the risk of heart disease as people with optimal levels. Lowering cholesterol levels that are too high lowers the risk for developing heart disease and reduces the chance of having a heart attack. High cholesterol frequently remains untreated because there are usually no symptoms.

### **Procedure of the Event:**

1. The KLEF\_NSS volunteers and college of pharmacy, arrived at Gundimeda Village.

2. They commenced the event by explaining the importance and purpose of Nutrition Food (Poshan Abhiyan) and Cholesterol awareness.
3. The team provided information about how Nutrition Food (Poshan Abhiyan) and Cholesterol awareness can be useful information to people to know about the problem
4. The students and participants actively engaged in awareness of the program and asked questions related to the Nutrition Food (Poshan Abhiyan) and Cholesterol Awareness
5. The KLEF\_NSS team volunteers and college of pharmacy students along with YRC facilitated interactive sessions and clarified any doubts or queries.
6. The event concluded with the students and participants gaining a better understanding of the Nutrition of Food (Poshan Abhiyan) and Cholesterol Awareness

### **Outcome:**

1. The event successfully raised awareness about Nutrition Food (Poshan Abhiyan) and Cholesterol awareness among the students and participants.
2. The KLEF\_NSS team volunteer and college of pharmacy students effectively organized the program, ensuring that the main objective of creating awareness was achieved.
3. The volunteers demonstrated professionalism and friendliness throughout the event.
4. The people of Gundimeda Village actively participated and expressed interest in the Nutrition Food (Poshan Abhiyan) and Cholesterol awareness
5. Some people showed interest in asking questions and clarified their doubts .

Overall, the Awareness on Nutrition Food (Poshan Abhiyan) and Cholesterol awareness program conducted by the KLEF\_NSS volunteer team and College of pharmacy along with YRC students at Gundimeda Village on November 24 , 2023, successfully educated participants about the Nutrition Food (Poshan Abhiyan) and Cholesterol awareness and educated them what to take and how to be in the daily life

**Details of the Event:**

Date of the Event: 24-11-2023

Name of the Event: Nutrition Food (Poshan Abhiyan) and Cholesterol Awareness

No. of Hours: 10:30 AM To 01: 30 PM

Venue of the Event: Gundimeda Village

No. of Participants : Students: 55, Faculty: 02

No. of Beneficiaries: 550

**Event Photos:**











 **GPS Map Camera**

**Gundimeda, Andhra Pradesh, India**

CJVM+VP7, MDR151, Gundimeda, Andhra Pradesh 522303, India

Lat 16.445011°

Long 80.634283°

24/11/23 11:02 AM GMT +05:30



 **GPS Map Camera**

**Gundimeda, Andhra Pradesh, India**

1-18, Nuthakki - Tadepalli Rd, near p. Satyam Gari House, opposite Road, mandal, Gundimeda, Andhra Pradesh 522303, India

Lat 16.44591°

Long 80.634714°

24/11/23 11:14 AM GMT +05:30



### Participated Volunteers List:

"Awareness on Malnutrition"  
"Awareness and cholesterol education"

Date: 24/4/23

S.No	ID NO	Student Name	Signature
	6944	Dr.R.Supriya	<i>Supriya</i>
	6945	G.Haritha	<i>Haritha</i>
1	2201570001	Nalluri Reshma	<i>Reshma</i>
2	2201570002	Chittelu Blessy	<i>Blessy</i>
3	2201570003	Pennepalli Sai tejaswi	<i>tejaswi</i>
4	2201570004	Pedapudi Manaswini	<i>Manaswini</i>
5	2201570005	Chatragadda Pujitha	<i>Pujitha</i>
6	2201570006	Maddu Naga Suvarna	<i>Suvarna</i>
7	2201570007	Peddu Teja Sri Sathwick	<i>Teja</i>
8	2201570008	Grandhi Kavya Sruthi	<i>Kavya</i>
9	2201570009	Shaik Tabrez	<i>Tabrez</i>
10	2201570010	Konakandla Venkata Sai Yuvaraj	<i>Yuvaraj</i>
11	2201570011	s ravani gummadavalli	<i>ravani</i>
12	2201570012	puppala mounika	<i>mounika</i>
13	2201570013	P. Jahnavi Naga Pavani	<i>Jahnavi</i>
14	2201570014	Padala Revanth	<i>Revanth</i>
15	2201570015	N.Lochana	<i>Lochana</i>
16	2201570016	M.Koushal	<i>Koushal</i>
17	2201570017	K.Bhanu nirmal	<i>Bhanu</i>
18	2201570018	A.Greeshma Rupa	<i>Rupa</i>
19	2201570019	A.Sk.Kousar	<i>Kousar</i>
20	2201570020	M.GEETHIKA	<i>Geethika</i>
21	2201570021	Y.Snehitha	<i>Snehitha</i>
22	2201570022	KSanjana devi	<i>Sanjana</i>
23	2201570023	Ch.Reha bhavani	<i>Reha</i>
24	2201570024	K.Reshma gayathri	<i>Reshma</i>
25	2201570025	R.Meghana	<i>Meghana</i>
26	2201570026	karishma mohammad	<i>karishma</i>
27	2201570027	B.Rudrani	<i>Rudrani</i>
28	2201570028	Kanaparthi Hemanth kumar	<i>Hemanth</i>
		P.Suresh	<i>Suresh</i>

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*R. Sreejith*  
NSS programme officer